

Glasgow City Youth Health Service

A Confidential* Holistic Service

For young people **12-19 years**

Evening service in 5 Venues across Glasgow

Additional wrap around support and care

Anxiety, Exam Stress

Alcohol / Drug Misuse

Low Mood

Weight

Employability Support

Sexual Health

Pregnancy

Bullying

Bereavement / Loss

Family Break Up



How we support:

- Weigh to Go - Weight Management for 12-18 year olds
- Skills & Support for parents (Teen Triple P)
- Counselling
- Seeing the Nurse or the Doctor
- Tailored programme for Multiple Risk - "Know Your Way"
- Youth volunteering opportunities for 16+
- Advice line 8am-4pm (Mon-Fri)

For further information or to refer call:

0141 451 2727

venues overleaf

**Drumchapel
Health Centre**

80-90 Kinfauns Drive
Glasgow G15 7TS

Tuesdays 6:00–8:30pm



**Possilpark
Health & Care Centre**

99 Saracen Street
Glasgow G22 5AP

Wednesdays 6:30–9:00pm

**Maryhill
Health & Care Centre**

51 Gairbraid Avenue
Glasgow G20 8FB

Thursdays 6:30–9:00pm

**New Gorbals
Health & Care Centre**

2 Sandiefield Road
Glasgow G5 9AB

Thursdays 6:30–9:00pm

**Shettleston
Health Centre**

420 Old Shettleston Road
Glasgow G32 7JZ

Wednesdays 6:30–9:00pm