



Secondary Menu

WEEK

1

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- ✓ All meals include choice of plain semi-skimmed milk and bottled water
- ✓ All options include – yoghurt and fresh fruit for dessert
- ✓ All dishes are served with a choice of seasonal vegetables or side salad



**We also offer
Homemade soup with
a selection of bread**

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Roast Chicken Yorkshire Pudding Potatoes	Potato Wedges Topped with Beef Chilli	Macaroni Cheese with Garlic & Herb Bread	Sausage in Gravy with Potatoes	Breaded Fish Oven Chips or Baby Jackets
Vegetarian	Quorn Vegan Dipper Salad Wrap	Quorn Hot Dog	Pitta Pocket with Falafel & Salad with Sweet Chilli Sauce	Spicy Bean Burger in a Bun	Tomato Pasta Garlic & Herb Bread
Snack 1	Cheese & Tomato Pizza	Rollover Chicken Hot Dog in a Bun	Southern Style Chicken Goujon salad Wrap	Cheese and Tomato Pizzini	Katsu Chicken with Rice
Snack 2	Chicken Goujon Salad Wrap	Tandoori Chicken Salad Wrap	Tuna Mayonnaise Baguette	Chinese Chicken Pitta Pocket with Salad Cucumber & Yoghurt Dressing	Turkey Salad Baguette
Snack 3	Chicken Pasta Salad	Cajun Chicken Pasta with Spring onions	Sweet Mediterranean Chicken, Salad and Yoghurt and Cucumber dressing served on a flat bread	Chicken Tikka Salad Flat Bread	Soup & Toastie MD

Medical Diet – If you have any dietary requirements please contact the catering manager

All our menus are analysed in accordance with the Food and Drink in Schools (Scotland) Regulations 2020



Secondary Menu

WEEK

2

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- ✓ All meals include choice of plain semi-skimmed milk and bottled water
- ✓ All options include – yoghurt and fresh fruit for dessert
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**We also offer
Homemade soup with
a selection of bread**

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Steak Pie with Potatoes	Chicken Meatballs in Tomato Sauce with Pasta	Beef Spaghetti Bolognese with Garlic & Herb Bread	Chicken Curry with Noodles	Breaded Fish Oven Chips or Baby Jackets
Vegetarian	Quorn Curry with Rice	Cheese Omelette with Oven Chips or Baby Jackets	Vegetable Spaghetti Bolognese with Garlic & Herb Bread	Quorn Vegan Sausage with Potatoes	Quorn Pasta Salad
Snack 1	Tandoori Chicken Salad Baguette	Chicken Tikka Salad Flat Bread	Chicken Burger in a Bun	Baked Potato with Salmon Mayo	Turkey Salad Baguette
Snack 2	Tuna Pasta Salad	Spicy Chicken Pizzini	Cheese & Tomato Pizza	Beef Burger in a Bun	Sweet Chilli Chicken Salad Wrap
Snack 3	Chicken Poppers with Salad	Cheese Panini	Piri Piri Chicken Salad Baguette	Rollover Chicken Hot Dog in a Bun	Baked Potato with Cheese & Coleslaw

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